

It Is

Can I help it? I'm quite willing to try.
Can I mend it, or must it stay inside?
I've been a fool. No, that cannot be denied
I couldn't help it now, could I, even if I tried?

Am I helpless? Is all my love in vain?
Or is there something I can do to ease the pain?
I'm just a man, but a man who's on your side (Right or wrong)
I couldn't help it now, could I, even if I tried?

Oh, I apologize, please forgive me, I've been cruel, oh, so cruel
But you're not the only one who suffers when I'm down. I do, too.
And it's so lonesome in this heart of mine when there's no one on my side
I couldn't help it now, could I, even if I cried?

When I wake up, you're the first one on my mind
When I lay down, I need you by my side
And if that's a sin, well, I'm sorry I'm alive
Cuz I couldn't help it now, could I, even if I tried?

Oh, I apologize, please forgive me, I've been cruel, oh, so cruel
But you're not the only one who suffers when I'm down. I do, too.
And it's so lonesome in this heart of mine when there's no one to feed my foolish pride
I couldn't help it now, could I, even if I cried?

When I wake up, you're the first one on my mind
When I lay down, I need you by my side
And if that's a sin, well, I'm sorry I'm alive
Cuz I couldn't help it no matter how hard I tried, how long I cried
I couldn't help it. That's the way I am.